## SILVIA GRAMUGLIA TELLS HER STORY

The following testimonials are all from parents that have used Dr. Aron to treat their children. Many of these individuals had tried multiple specialists without success for years. Dr. Aron was able to restore the skin and give the children almost instant and permanent relief from itching and severe eczema. If you wish to correspond with any of these parents and ask questions, they can be found on Dr. Aron's Facebook Discussion Group.

My little girl has had eczema since she was a month old. Now I know it wasn't milk spots as those patches and rash-like appearance on her face wouldn't go away with time and kept coming back on the same places. She was a pretty happy baby despite eczema taking over slowly her whole body week after week, months after months. GPs (UK) were not helping. We tried almost every moisturiser available plus steroids and antihistamines (she was 2 months old). They were not making any difference but all the opposite. The red patches would come back with more fury.

My little girl couldn't travel on the car seat for longer trips than 10'. Bathing time was a 2 person battle. Carpets were causing her to flare. Choosing clothes to dress her were limited to 100% cotton. The plastic bib or food on her skin would cause her to get a flare or hives. She couldn't step over grass nor crawl over it as the flare would be huge! No perfumes, make up, creams were allowed at home as she would get hives. We changed the laundry soap so many times. No heating in her room. No fleece nor thick blankets. Hands covered all day and night (she was only months old so this was delaying her to learn how to grab things). I couldn't leave her alone or she would scratch until bleeding. Her mood started to change while she was growing older. Her attention span would be limited just to scratch with a lost eyesight into nowhere. We were weaning her and wouldn't want to try new foods as scratching against the highchair would be all she wanted to do.

We started asking for referrals to see private Drs as the NHS times to see specialists would take too long (GPs had already told us that was all they could do for us and that there was nothing else to give us for eczema). All we kept hearing was that she would grow out of it and that we should use Vaseline as it was the purest type of moisturising I could use.

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A health care visitor was alarmed to see My little girl in the state she was with no other care as Vaseline and hydrocortisone. She suggested the dietician route as she was 5 months old and starting to wean from milk (what I didn't know was that that appointment wouldn't arrive until she was 1 year old! which was useless by then).

However, I kept her in a very simple diet of vegetable purees until she was near a year old as per all I was reading and was so scared to give her anything that would make her to flare! So she wasn't gaining enough weight either.

At 6 months eczema took his toll. She got a breast abscess what lead her to urgent hospitalisation and surgery as she could have got septicaemia. Things got worse and with private Drs doing little but changing her formula to hypoallergenic one and giving her Dermol as lotion and bath additive, that would irritate her skin so much that would be seen and felt like burnt skin.

9 months old and My little girl ended up hospitalized again. Her body covered head to toes in spots. Eczema taking over her life. 4 agonising days and nights were fever could not be brought down easily. The nightmare of IV antibiotics, antivirals, antihistamines and 50:50 ointments covering her body. And the screaming and desperate cry of my baby that will stay forever in my head, while ripping out the hand bandages and IV cables from her veins over and over again in the desperate try to scratch. Drs trying to find veins where there were no more healed ones left. And specialists and consultants not having a clue what was going on with her. Some of them thought she had chicken pox, some others E. herpeticum.

And we were sent home again with no plan ahead of us, not a single answer. I had almost no more strength left. Not having answers not a single person or Dr to trust or help. We were confined at home. Living over and over again the nightmare of eczema taking over My little girl's life. How can you imagine her future when all this only happened in her short 9 months of life?

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So I started looking for groups of eczema on line. I needed to connect with someone who was going through the same so badly! And found two mums talking about Dr Aron in a facebook group and how he changed their lives. I didn't doubted it a minute. What could it be worse that all what my baby had been through at 9 months of age! I was prepared to give it a go.

So we booked an appointment which was the last one available before he flew to South Africa and traveled 3 hours to see him. After that day, our lives changed enormously. We followed every single instruction he gave us in detail. 2nd day and My little girl was a different baby. It was like getting to know the real Sofi. Her hands were uncovered for the first time in her life. She could crawl for the first time through carpets and floors, travel in the car seat like any other baby would. And improvement followed from that day onwards.

We have been under the treatment for more than a year now. My little girl is going to be 2 years old and couldn't be a happier and healthier little girl.

All I would like is for other families or children out there in a similar situation to know that a way of living with eczema under control is possible. And with Dr Aron's regime eczema will not take over your life anymore. And that your life can be as normal as it should. The treatment is safe. Steroids are so diluted that you don't get even close to what conventional dermatologists would give you in one single application. And Dr Aron will be at your side guiding you through all the treatment. He really cares about his patients. He saved us.

- Silvia Gramuglia